VIRGINIA EAR NOSE & THROAT
The Choice is Clear

CHIPPENHAM HOSPITAL

PREOPERATIVE HISTORY & PHYSICAL EXAMINATION

Patient's _____ _____ _____

Patient Name | Date of Birth | Gender

Surgery Date: _____ **Surgeon:** _____

Procedure: _____

HISTORY

Medical History: 1) _____ 2) _____ 3) _____ 4) _____

5) _____ 6) _____ 7) _____ 8) _____

Surgical History: 1) _____ 2) _____ 3) _____ 4) _____

5) _____ 6) _____ 7) _____ 8) _____

MEDICATIONS & ALLERGIES

Current Medications	Dosages

Drug Sensitivities	Reaction

Immunizations: _____

Latex sensitivity? ☐ Yes ☐ No **Social History:** Tobacco: _____ Alcohol/Drug: _____

Vitals: Pulse: _____ Blood Pressure: _____ Temperature: _____ Height: _____ Weight: _____

General: _____ **HEENT:** _____

Heart: _____ **Lungs:** _____

Abdomen: _____ **Extremities:** _____

Neurologic: _____ **Other:** _____

SURGICAL READINESS

Based on the above evaluation: ☐ this patient is stable for surgery

☐ this patient is not ready for surgery as scheduled

_____ _____

Signature | Date

_____ _____

Signature | Date

_____ _____

Print Name of Practitioner | Office Phone Number

FAX FORM BACK TO 804-486-3544 WITHIN 5 DAYS OF SURGERY

THIS FORM MUST BE COMPLETED WITHIN 30 DAYS OF SURGERY DATE

VIRGINIA EAR, NOSE & THROAT ASSOCIATES

PHONE: 804-484-3700

Pre-operative Testing Requirements

These guidelines for pre-operative testing as it pertains to procedures considered "Low Risk for Morbidity & Mortality" in those patients needing general anesthesia:

Testing should be directed to that which is clinically indicated for the patient:

Clinical Indications:

GLP-1 agonists

- For patients on daily dosing consider holding GLP-1 agonists on the day of the procedure/surgery. For patients on weekly dosing consider holding GLP-1 agonists a week prior to the procedure/surgery.
- This suggestion is irrespective of the indication (type 2 diabetes mellitus or weight loss), dose, or the type of procedure/surgery.

Urine Pregnancy Test (Within 72 hours)

- For menstruating female patient

ECG for patients with a history of any within the last:

- **6 months:**
  - Hypertension, Arrhythmia, Diabetes
- **2 months:**
  - Angina, Heart Attack, Congestive heart failure
- **last month:**
  - Shortness of breath
- **last week:**
  - Chronic Renal disease

CBC (Within 6 months if no interim bleeding, procedures, or changes in health; excluding minor surgery)

- Known anemia or platelet abnormality
- Surgery with potential for significant blood loss
- Chronic renal disease
- Sever chronic disease
- Malignancy, within the last year
- Chemotherapy, within the last year

Basic Metabolic profile for patients with a history of any within the:

- **last month:**
  - Use of diuretics, Diabetes, Digoxin therapy, Previous MI/CAD, Hypertension/ Peripheral Vascular Disease, Pacemaker/ AICD/ Valve Disease
- **last week:**
  - Chronic renal disease

Type/Screen

- Potential for significant blood loss, Patient transfused within the past 3 months, Pregnancy related (RH), Autologous donor