



Pre-Operative History and Physical Examination

The History and Physical form must be performed and signed within:

- ▼ **5 days of surgery** for patients 12 years old and under
- ▼ **30 days of surgery** for patients 13 years old and older

Please fax completed form (front and back) and additional testing to Virginia ENT Surgery Center at **804-303-7955 (fax)**

Please see back of form for additional testing requirements

Patient: _____ DOB: _____ Gender: _____

Surgery Date: _____ Surgeon: _____

Procedure(s): _____

Medical History: _____

Surgical History: _____

Patient history OR family history of MALIGNANT HYPERTHERMIA? ☐ NO ☐ YES

Patient history OR family history of BLEEDING OR CLOTTING DISORDER? ☐ NO ☐ YES

Drug and Other Allergies & Sensitivities
(include food, latex, environmental, etc.)

Reaction

Severity

Current Medications

Dosage

Frequency

Reason

Current Medications	Dosage	Frequency	Reason
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Comments: _____



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Social History: Tobacco / Vape Use? Yes / No Current / Former How much? _____
Marijuana / Drugs Use? Yes / No Current / Former How much? _____
ETOH Use? Yes / No Current / Former How much? _____

Vitals: Pulse: _____ BP _____ Temp _____ Height _____ Weight _____ BMI _____

General: _____

HEENT: _____

Heart: _____

Lungs: _____

Abdomen: _____

Extremities: _____

Neurological: _____

Other: _____

Based on the above evaluation, this patient is

☐ STABLE for the above surgery

☐ UNSTABLE for the above surgery

Printed Name of Practitioner

Signature of Practitioner

Date

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Preoperative testing requirements for General Anesthesia include:

- ✓ 12-lead EKG within 6 months for patients with hypertension, cardiac disease, diabetes, renal disease, or taking diuretics, digoxin, or digitalis
- ✓ Electrolytes within 2 months for any patient with significant cardiac disease, diabetes, renal disease, or taking diuretics, digoxin, or digitalis
- ✓ Complete Blood Count (CBC) within 2 months for patients with anemia, recent bleeding, or platelet/bleeding abnormalities
- ✓ A urine pregnancy test is performed on all menstruating females at the Surgery Center on the day of surgery.
- ✓ Additional testing may be required based on medical and surgical history.